

Mindy's Story

Mindy has been referred to the infant program by her pediatrician based on concerns for her motor development and low muscle tone. She is 15 months old, is able to sit, but is not yet crawling or walking. When the service coordinator meets with Mindy's family for the intake appointment, her mother, father, and grandmother are present.

Mindy's mother and father work full-time and her grandmother babysits her during the day. A typical day for Mindy means staying home with her grandmother and her 3-year old brother. They like to listen to music, play outside, and visit with neighbors. They run errands and go the McDonald's play land once a week for lunch. Mindy's grandmother would like to see her crawl around and play with her brother at the play land, but since Mindy doesn't crawl yet she usually holds her on her lap or keeps her in the stroller when they go.

Mindy's mother describes Mindy as a sweet child who doesn't seem to be interested in moving around or playing with her toys. Her father says that he thinks Mindy is "just lazy", and that she will crawl when she is ready. Mindy's grandmother adds that the other children love to play with Mindy and are very busy children, so they really don't leave Mindy on the floor to crawl around since she might get "run over." To protect her, Mindy spends a lot of her time in a playpen when the children are home.

During the intake, Mindy's family talks with the service coordinator about how Mindy likes to stare at lights and how cute she is when she laughs. They say that she enjoys music and hearing them sing, which they use to calm her when she cries. Mindy's father says that Mindy cries a lot, and he finds it hard sometimes to get her to calm down and be happy. The service coordinator also learns that Mindy's family is worried about how much services will cost, as they won't have insurance for 3 more months. Mindy's mother and grandmother want her to get help so that she can learn to walk. They would like to be able to take her to church and leave her in the nursery without her crying and know that she can get around and play with the other children (she typically sits with them during church or someone will stay home with her). Mindy's father is okay with her getting help, if it will make his wife feel better.



Preparing for IFSP Outcome Development



When gathering information from a family in preparation for IFSP development, it can be helpful to explore the family's activities, resources, priorities, and concerns. Using the following table, record the information shared by Mindy's family. Record information in order of the topics below, beginning with Family Activities.

Family Activities:
Family Resources:
Family Priorities:
Family Concerns: